

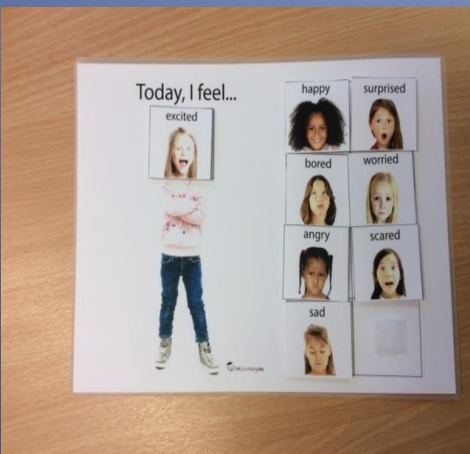
# SEMH

**S**ocial, **E**motional and **M**ental Health is an overarching term for children who demonstrate difficulties with emotional regulation and/or social interaction and/or are experiencing mental health problems.

Here at St. Giles we support children in a number of ways from social support groups, 1:1 time with our learning mentors, Time to Talk and coping strategies interventions.



Nurture



Identifying feelings



Forest School



Lunch time Nurture – social dining