6% of 9-16 year olds have received a nasty text or hurtful message online; 3% have sent such messages.

Only 36% of children say that they know more about the Internet than their parents.

Internet safety tips

for parents

59% of 9-16 year olds have a social networking profile.

Children rarely meet someone they only know online. But most parents whose child has met someone offline say that their child has not.

Your children need your help to stay safe on the net, even if you think you know less than them about the online world. You can still teach them how to act safely.

Top tips for parents

1 Talk to your children: tell them to take care about what they post online, who they talk to and befriend, and how they communicate with each other

2 Learn about the digital world from your children

3 Visit www.thinkuknow.co.uk to learn how to keep safe online

4 If you let children use social networking sites, make sure they set the highest privacy settings. For advice visit www.yhgfl.net

5 Many console and computer games aren't suitable for young children - check the ratings: www.pegi.info has details

6 Agree on 'screen time' so that your children don't spend all their time on digital devices

7 Find out what different devices can do. GPS and apps can let you locate a young person through their mobile device. Check out www.saferinternet.org.uk for further information

North Lincolnshire Keep Our Children SAFE!

Local Safeguarding Children Board